

Chicago, Illinois, USA

Chicago Region Field Guide to Taking Action on Climate Change

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Climate change is already affecting all of us in the Chicago Region, and some of our neighborhoods and places face more severe impacts, more frequently. At the same time, many Chicago communities have shown resilience and creativity in responding to those impacts. We are indebted to the climate leadership of many groups and individuals to fight climate change. We can all take steps to mitigate climate change by slowing and reversing greenhouse gas emissions. The list below illustrates effective actions you can take to reduce your climate impact. Try some!



1 Advocate for your city, state, and country to act on climate change.



2 Switch to renewable energy for your home, school, or house of worship.



3 Insulate your home, school, or house of worship.



4 Use the CTA or Metra.



5 Support habitat restoration and protection.



6 Bike to work and for fun.



7 Schedule an energy assessment or audit for your home or work.



8 Eat a plant-based diet.



9 Switch to electric appliances and vehicles.



10 Walk to work, shop, and play.



11 Plant trees and care for them.



12 Cultivate perennial prairie gardens at home or in your community.



Inspiration and data for this Field Guide were drawn from the [Chicago Community Climate Action Toolkit](#), [CoolClimate carbon footprint calculator](#), [Chicago Agreement on Climate and Community](#), and [Project Drawdown](#). For more information about your household's carbon footprint, check out the [CoolClimate.org interactive map](#).